# Topics explored by Lonny

Understanding the Absolute and relative dimensions of the self:

- Emptiness and luminosity
- Consciousness and the Unconscious
- The authentic self
- Ego
- Superego
- Shadow
- Mind
- Psyche
- Soul
- Witness
- Spirit

Venue: TBC Melbourne CBD

Date: 15th - 16th February 2025

Times: 9:30am - 5:30pm

CPD: 13 Points (Interactive)



## Prices:

#### \*EARLY BIRD SPECIAL

Professional Assoc. Member Rate: \$990 Student (Full time - undergraduate): \$890

### REGULAR PRICE

Professional Assoc. Member Rate: \$1100 Student (Full time - undergraduate): \$990

\*Early Bird: Full payment is required 4 weeks prior

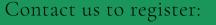


# Treating Trauma with Chinese Medicine

- Untying the Knot

PRESENTED BY

# Lonny Jarrett



### **CHINA BOOKS**

Level 2, 234 Swanston St, Melbourne VIC 3000

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2 DAY SEMINAR 15th - 16th February 2025

<sup>\*</sup>Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.



## Course outline:

In this class Lonny will discuss how to diagnose and treat trauma with Chinese medicine. We will consider the heart/kidney axis as the physiological foundation of stability and how to restore integrity to this most important relationship. He will emphasize the importance of the practitioner's awareness of the dimension of self that is never wounded or traumatized as a gold standard in diagnosis and treatment. In this regard, the practitioner's own integrity will be considered as the root of efficacy in treatment. The class will be rooted in an appreciation of the core dimensions and capacities of the self, including the spirit, ego, emptiness, soul, conscience, and the will.

# What you will learn:

- Diagnosing and treating shock to the heart and circulatory system on the pulse.
- How to diagnose and treat qi stagnation in the diaphragm.
- Testing for and Draining "Aggressive Energy" Xiegi.
- How to understand and treat "possession" in a contemporary context.
- Diagnose and treating the separation of yin and yang.
- The deeper functions of Acupuncture points: Source, lou, xi-cleft, and "spirit" points.
- Herbal formulas and point combinations for taking a person out of shock.
- The importance of the patient/practitioner relationship.

## Testimonials from past attendees:

I enjoyed the course immensely...I have gained insight into and confidence to be able to use Lonny's teaching. I refer to Nourishing Destiny and The Clinical Practice Of Chinese Medicine for my treatments and it was wonderful to hear Lonny speak.

#### SEMINAR ATTENDEE

A great course for exploring the psychospiritual aspects of trauma and the treatment thereof from an Integral Chinese Medical Perspective. There were many enlightening moments both for my own experience/development and to be applied in professional practice

#### SEMINAR ATTENDEE

Lonny's brilliance and command of Chinese Medicine and clinical/life applications are so very important in the continuum of masters who radiate a joy of sharing their gifts.

SEMINAR ATTENDEE

## About Lonny:

Lonny is recognized worldwide as a leading practitioner, author, scholar and teacher of East Asian medicine. Throughout his career he has been devoted to advancing the practice of this medicine.

Lonny has been practicing Acupuncture and Herbology in Western Massachusetts since 1986. He holds Master's Degrees in Neurobiology (University of Michigan) and Acupuncture (Traditional Acupuncture Institute) and studied Contemporary Pulse Diagnosis with Dr. Leon Hammer for 10 years.

For thirty eight years he has been teaching students about the inner traditions of Chinese medicine. He travels extensively to share his experience and knowledge.

In 1997 he started teaching his two year, Clinical Integration course enriching the field of Chinese medicine by providing integral perspectives rooted in the classical tradition. Over 600 students have participated so far with many taking the class multiple times.

He's publications include 'Nourishing Destiny: The Inner Tradition of Chinese Medicine', 'The Clinical Practice of Chinese Medicine' and 'Deepening Perspectives on Chinese Medicine' as well as numerous journal articles.



